Preschool

Language Arts

- Color words
- Shapes
- Animals
- Recognize letters and their sounds
- Initial and final consonant sounds
- Speak clearly in complete sentences
- Listen to read-alouds of various genres
- Tell a story
- Rhyming words
- Listening comprehension
- Sequence a story
- Pencil grip
- Finger tracing and pencil tracking of lines: left to right, vertical, horizontal, diagonal, zig-zag, and curved lines

Numbers, Patterns, and Cognitive Skills

- Recognize numbers
- Count 1-30
- Sort and sequence
- Opposites and positional words
- Recognize and extend patterns
- Introduction to clocks and calendars: talk about and be familiar with units such as seconds, minutes, hours, days, weeks, and years
- Understand that zero equals nothing
- Understand more than/less than
- Put small number of objects in order by size
Preschool

Arts, Crafts, and Music

- Traditional songs
- Silly songs
- Follow directions
- Identify primary and secondary colors
- Understand results of combining colors
- Act out stories
- Create own artwork
- Simple puzzles
- Paste objects
- Trace or copy simple shapes
- Basic scissor skills (including cutting straight and curved lines on different texture papers)
- Clap and dance on beat/understand rhythm
- Fun with musical instruments
- Understand how to behave in an audience
- Eye-hand coordination
- Identify shapes

Science

- Observation
- Environment/neighborhood
- Seasons and animal/plant changes
- Animal families and homes
- Simple life cycles
- Identify common smells, tastes, and textures
- Experiments with weather
Preschool Science (cont.)

- Know the difference between solids and liquids
- Identify body parts and their function

Manners and Healthy Habits

- Dress self with minimal assistance
- Use eating utensils correctly
- Ways to prevent spreading germs
- Washing hands
- Brush teeth
- Use tissues
- How to dial 9-1-1 and give a name and address
- Basic emergency procedures and how to get help
- Independence in appropriate bathroom needs
- Simple safety rules
Preschool

Motor Skills

It is imperative for preschool children to engage in activities that will build the muscles in their hands in preparation for writing. Using materials such as clothespins, eye droppers, tweezers, toothpicks, nuts/bolts, tongs, plastic bricks, play dough, peg boards, or paperclips can aid in strengthening those muscles. As always, be aware of any safety rules associated with those items and of possible choking hazards.

<table>
<thead>
<tr>
<th>Gross Motor Skills</th>
<th>Fine Motor Skills</th>
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<tbody>
<tr>
<td>Hop</td>
<td>Build with blocks</td>
</tr>
<tr>
<td>Skip</td>
<td>Snap fingers</td>
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<tr>
<td>Jump</td>
<td>Drawing</td>
</tr>
<tr>
<td>Action rhymes and songs</td>
<td>Cutting</td>
</tr>
<tr>
<td>Hop on one foot</td>
<td>Glue/ paste small pieces of paper onto larger paper</td>
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<tr>
<td>Jump/walk in a straight line</td>
<td>Bead threading</td>
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<tr>
<td>Throw, catch, bounce, and kick a ball</td>
<td>Pouring materials from one container into another</td>
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<tr>
<td>Climb stairs with alternate feet</td>
<td>Manipulating puzzle pieces appropriately</td>
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<tr>
<td>Walk backward</td>
<td>Lacing activities</td>
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<tr>
<td>Stand on one foot</td>
<td>Button/unbutton</td>
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<tr>
<td>Dance and march</td>
<td>Use a zipper</td>
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<tr>
<td>Follow 2– to 3-step directions</td>
<td>Make a snake, pancake, and ball with play dough</td>
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</tbody>
</table>
Preschool

Social Studies

- Families and communities
- Recognize major US holidays
- Community helpers and transportation
- Know full name, gender, age, and birthday
- Know he/she is unique and special
- Recognize and express feelings
- Know address and phone number
- Draw maps of home and surroundings
- Pretend play
- Recognize US flag and bald eagle as patriotic symbols
- Understand concepts of past, present, and future

You can find all these resources plus more in our Preschool Playground.